Sale

Limited Thyme Sale

Starts Thursday 10/23 at 10am through Sunday

All Varieties of

Stuffed Chicken Breast

$6.99 LB

while supplies last

Limited Thyme Sale

Starts Thursday 10/23 at 10am through Sunday

Force of Nature, Grass Fed + Finished

Boneless Ribeye Steak

$19.99 LB

while supplies last

Check out our digital ad online for even more offers!

FRESH THYME MARKET

MY THYME $2.99 -$1.00

1.99 LB

Jumbo Red, Green or Black Grapes
limit 8 lbs

ENJOY THESE PRODUCE DEALS

Veggie Delight

Grimmway Farms
12oz Carrot Sticks, 1lb Carrot Chips, or
12oz Microwavable Petite Carrots

MIX OR MATCH

2/$4

FRESH, CRUNCHY, AND PERFECT FOR EVERYONE

9.99

Braga
Veggie Party Tray with Dip
40 oz

Braga Veggie Party Tray w/ Dip 20 oz.....5.99

Grimmway Farms
Air Fryer Carrot Fries
chipotle maple or mediterranean herb
13oz

2/$7

FROM BAG TO PLATE IN NO TIME

Grimmway Farms
Organic Cello Carrots or Cello Rainbow Carrots
2 lb bag

1.99

Organic Blueberries Clamshell
6 oz

2.99

Organic Gala, Fuji, or Granny Smith Apples
2 lb bag

2.99

Freaky Fruit

These fruits are the unexpected twist everyone can enjoy this Halloween!

Jumbo Snow Crab Clusters or Sockeye Salmon Fillet
previously Frozen

11.99 LB

Gilbert's
Chicken Sausage
10 oz

BUY ONE GET ONE 50% OFF

Lund's
Jumbo Sea Scallop Pieces, Bay Scallops or Seafood Medley Mix
or Seafood Medley Mix
an asterisk, 16 oz

9.99

Boar's Head

No fillers, artificial colors, flavors, or trans fats.
Always gluten free

8.99 LB
Boar's Head
Smokemaster Beechwood Smoked Black Forest Ham
Boar's Head Mozzarella Cheese...8.99 LB

10.99 LB
Boar's Head
Maple Glazed Honeycoat Turkey Breast

10.99 LB
Boar's Head
Sweet B's Honey BBQ Glazed Chicken Breast

Wedderspoon
Immune Support
entire line on sale

Boiron
Cough or Flu Homeopathic Medicine
select varieties

Flora Probiotics
Gut Probiotics Support

Soapbox
Hair Care
entire line on sale

WHEN YOU BUY 2 OR MORE

Chobani
Protein Yogurts
6 oz, quantities less than 2 are regular price

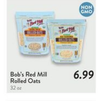
2/3

Tru Fru
Frozen Novelties
4 oz

7.49

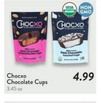
Olipop or Fresh Thyme Prebiotic Soda or Kombucha
12-16 oz

2/4



Bob's Red Mill
Rolled Oats
32 oz

6.99

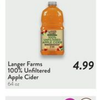


Choceo
Chocolate Cups
3.45 oz

4.99

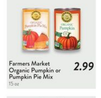
Organic Valley
Organic Shredded or Sliced Cheese
6-8 oz

4.99



Langer Farms
100% Unfiltered Apple Cider
64 oz

4.99

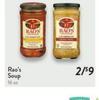


Farmers Market
Organic Pumpkin or Pumpkin Pie Mix
15 oz

2.99

All Bulk Candy
sold by lb

20% OFF

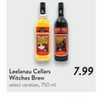


Rao's
Soup
16 oz

2/19

HIYO
Non-Alcoholic Social Tonic
select varieties, 4 pk, 12 oz

10.99



Leelanau Cellars
Witches Brew
select varieties, 750 ml

7.99

MY EATING HABITS
No Hormones | Preservatives | Uber Eliots

it's always fresh to recycle

Prices valid 10/22/25-10/28/25 at our Michigan locations

WAVE 3 - VEN, ALP, APO, APH, APR, BRK, BRP, CAP, CAR, DEP, F - ALP

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Bottle deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state laws. WIN and KY: available in Hops and Grapes liquor store locations only. 9% max of 750 fl. oz. of beer and 5,000 mL of wine can be purchased at any one time.

ENJOY THESE PRODUCE DEALS

Dip into Flavor

PERFECT PAIR FOR CRISP APPLES

3.99

Marzetti Classic or Light Caramel Dip
13.5 oz

2/$7

Marzetti Veggie Dips
12 oz

6.99

Fresh Thyme Medium and Mild Guacamoles
16 oz

PERFECT TO SHARE!

2.99

Fresh Thyme Assorted Salsas or Pico De Gallo
8 oz

Freaky Fruit
These fruits are the unexpected twist everyone can enjoy this Halloween!
SHOP NOW

even more

Vitamin and Body Care Savings

Kettle and Fire
Cooking Beef Broth
32 oz
4.99
Kettle & Fire
BEEF BROTH
Fresh Cilantro
99¢
Fresh Thyme
Organic Spices
select varieties
3.99
Stella Artois
Beer
6 pk, 11.2 oz
CHECK YOUR LOCAL STORE FOR PRICING
STELLA ARTOIS
Bulb Fresh Garlic
89¢
Fresh Thyme
Oyster Crackers
9 oz
2.99
Jennie O
93% Lean
Ground Turkey
16 oz
7.49
ANTIBIOTIC FREE
Jennie-O
16 OZ
Daisy
Sour Cream
8 oz
1.79
Daisy
SOUR CREAM
Pure & Natural
Impossible
Ground Burger
12 oz
6.49
IMPOSSIBLE
BURGER
MADE FROM PLANTS
IT'S CHILI THYME
Jalapeños
1.99 LB
Fresh Thyme
Organic Canned Beans
15 oz
1.99
Fresh Thyme
Shredded
Cheddar Cheese
8 oz
2/$6
quantities less than 2 are regular price
WHEN YOU BUY 2 OR MORE
SHARP CHEDDAR
Cheese
ORGANIC DARK RED KIDNEY Beans
Fresh Thyme
Organic Tomato Paste
6 oz
1.49
ORGANIC TOMATO Paste
GLUTEN FREE
Bob's Red Mill
CORNBREAD Mix
Bob's Red Mill
Cornbread Mix
20 oz
4.49
Fresh Thyme
Organic Tomato Sauce
15 oz
1.69
Celery
1.29
ORGANIC TOMATO Sauce
Fresh Thyme
Organic Canned
Tomatoes
28 oz
2.69
ORGANIC CRUSHED Tomatoes with BASIL
White Onions
99¢ LB

COOKING WITH DIETICIAN MEGHAN

No Tricks, All Treats Snack Board

Thursday, October 23rd
6:00 p.m. CT / 7:00 p.m. ET

LEARN MORE

OCTOBER IS SEAFOOD MONTH

Get Hooked on Seafood

Dive into National Seafood Month at Fresh Thyme, where our sea-riously wide selection of seafood is ready to make a splash on your plate!

21.99 LB

Fresh Regal King Salmon Fillet

GREAT BASE FOR NON-ALCOHOLIC MOCKTAILS
SOBER OCTOBER
Crave the flavor, not the hangover. Enjoy delectable wines, refreshing beers, and vibrant mocktails—all alcohol-free.
SHOP NOW
NON-ALCOHOLIC PARCH AGAVE COCKTAIL
PRICKLY PALOMA
FRE
GIESEN
KIN EUPHORICS
THREE SPIRIT
Livener
T:OST
Maison Perrier
CREATED BY Maison Perrier FRANCE
BLACKBERRY FLAVORED SPARKLING WATER
0 CALORIES 0 SWEETENERS
NEW!
8x CANS 11.15 FL OZ
GUINNESS 0
NON ALCOHOLIC DRAUGHT
BUBBLY ROSE
RITUAL ZERO PROOF

GOOD FOODS
CARAMELIZED ONION GRUYERE
AVOCADO SALSA
A ZESTY SALSA VERDE
REAL INGREDIENTS | NO ARTIFICIAL PRESERVATIVES
CHUNKY GUACAMOLE
REAL INGREDIENTS | NO ARTIFICIAL PRESERVATIVES
GOOD FOODS™
Dip into
SOMETHING GOOD
GUACAMOLE • SALSA • DIPS
AVOCADO MASH
KOSHER SALT & BLACK PEPPER
REAL INGREDIENTS | NO ARTIFICIAL PRESERVATIVES
90 CALORIES
4 PACK
FRESH NEW LOOK, SAME GREAT TASTE!
SHOP NOW ▸